How to do Family Discipleship | Delight, Display, Declare Theological Equipping Class September 3, 2023

A Framework for Discipleship

Create

• The proactive part of discipleship. It is planning specific times to consider the things of God together as a family.

Capture

 This is the reactive part of discipleship. It is being faithful to observe the people in your home, and find opportunities to encourage them toward faithfulness in the everyday happenings of life.

Commemorate

• An act of remembrance. It's pointing out and remembering God's faithfulness in our past, in order to encourage us and remind us to put our hope in his faithfulness in the future.

"Hear, O Israel: The LORD our God, the LORD is one. You shall love the LORD your God with all your heart and with all your soul and with all your might. And these words that I command you today shall be on your heart. You shall teach them diligently to your children, and shall talk of them when you sit in your house, and when you walk by the way, and when you lie down, and when you rise. You shall bind them as a sign on your hand, and they shall be as frontlets between your eyes. You shall write them on the doorposts of your house and on your gates." Deuteronomy 6:4-9

Create

This is a proactive time that is set aside for considering the things of God together as a family.

- O Why doesn't it happen?
 - Fear
 - Laziness / Comfort
- O What should we be doing?
 - Planned time together with the family to consider the things of God.
 - Time in the Word
 - Time in song
 - Time in Prayer
 - o A Adoration (Praise)
 - o C Confession
 - o T Thanksgiving
 - o S Supplication (Request)
- o How long should it last?
 - As long as it is helpful, given the dynamics of your home.
 - Have realistic expectations
 - Younger kids will likely make this chaotic, and might make it necessary to cut it shorter than you want. That's OK.
- o How often should it happen?
 - Regularly (how very unspecific, Carl)

Capture

Again, this is the reactive part of discipleship. But it isn't always an overtly spiritual endeavor. There are indeed those moments when you're pointing out the glory of God in a flower that your daughter notices at the park, but there are also 1000 other places where you can capture the moments of training of your child in the very mundane and normal parts of life.

- o Responsibilities
 - Chores
 - Money / Allowance
 - School work / projects
 - Devices / Internet
- o Conversations
 - Demonstrate it's value (by spending TIME on it)
 - Being General vs. Specific with your questions
 - Respect /Honor
 - No media, no distractions
 - Age-appropriate conversations
 - Marriage
 - Sex
 - o Biology
 - o What does God have to say about it?
 - o What does the world have to say about it?

- o How to handle relationships
 - Discipleship includes teaching how to handle relationships both inside and outside the home.
 - Inside the home
 - Outside the home
- o How is time prioritized in your home?
 - o Remember we demonstrate value with how we invest our time.
 - o Rest do you have it?
 - o Questions to ask yourself to help discern if an activity is worth pursuing:
 - Does it inhibit rest or worship?
 - Does it interrupt family dinners?
 - Does it sabotage bedtime?
 - Does it pull our family apart or push us together?

Commemorate

This is the shortest one of the three, because it's the simplest. One of the things we see God's people doing throughout the scriptures is purposefully remembering significant moments where God has been faithful. God wants his people to mark these occasions where God has been faithful to rescue and redeem them.

Scripture References:

<u>Discipleship in Marriage</u>

Ephesians 5

Romans 12

Colossians 3

Titus 2

1 Peter 3

Discipleship of Children

Deuteronomy 6

Psalm 127

Proverbs 20, 22, 23, 29

Ephesians 6

Colossians 3

Additional Resources:

General Parenting / Discipline

Shepherding a Child's Heart by Tedd Tripp

Instructing a Child's Heart by Tedd Tripp

Catechism

The New City Catechism: 52 Questions and Answers for Our Hearts and Minds By Kathy Keller

My 1st Book of... (Series) by Carine Mackenzie

Big Book of Questions & Answers
By Sinclair Ferguson

Raising Daughters

Raising a Modern Day Princess by Pam Farrel

Strong Fathers Strong Daughters by Meg Meeker

Discipleship / Devotional

Old Story New: Ten-Minute Devotions to Draw Your Family to God by Marty Machowski

Long Story Short: Ten-Minute Devotions to Draw Your Family to God by Marty Machowski

The Ology: Ancient Truths, Ever New by Marty Machowski

Family Worship by Terry L. Johnson

Big Truths for Young Hearts by Bruce A. Ware

Big Thoughts for Little Thinkers (series) by Joey Allen

Raising Sons

Preparing Your Son for Every Young Man's Battle by Stephen Arterburn

Bringing Up Boys by James Dobson

King Me by Steve Farrar

Raising a Modern Day Knight by Robert Lewis